

My Health e-Vet (Pilot) Quick Reference Guide

Portland VA Medical Center

My HealthVet Home Page - Microsoft Internet Explorer provided by Portland VA Medical Center

File Edit View Favorites Tools Help

Address <http://www.health-evet.va.gov/> Go Links Welcome to Arch Wireless - The Two-way Wireless Data Specialists Customize Links

MY HEALTHeVET PILOT

Your Personal Health Journal **HELP**

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What is the My HealthVet Pilot?

located at the Albany, Bath, Bay Pines, Buffalo, Canandaigua, Portland, Syracuse, Tampa, and Medical Centers.

The pilot is a demonstration prototype developed to demonstrate that VA could provide veterans with a safe, electronic copy of their own VA health information through an Internet web environment. This health information is stored in a secure and private environment called an **eVAult** where all the data is encrypted.

A My HealthVet Pilot registrant can:


- Obtain electronic copies of key portions of their electronic health records
- Have confidence that their health information is stored in a secure and private web environment called an **eVAult** where all the data is encrypted
- Add structured medical information in the "self-entered" section of their **eVAult**
- Track personal health metrics, such as blood pressure, blood sugar, weight, heart rate, and cholesterol
- Access a Health Education Library and health assessment tools
- Grant access to all or some of their health information to others, such as family or veteran advocates, and VA and non-VA healthcare providers

The pilot has passed multiple security risk assessments and penetration studies and is highly successful. The pilot functionality fulfills the vision of the My HealthVet Steering Committee for a VA service that will empower veterans with information and tools so that they can improve their health to the maximum extent possible.

A national release of My HealthVet is underway. The goal is to incorporate the full pilot functionality into the national product, as well as electronic services such as refilling prescriptions and viewing appointments.

Pilot Participants: Please read the disclaimers carefully before using My HealthVet.

Click "Log In"



Enter Network Password

 Please type your user name and password.

Site:

Realm:

User Name:

Password:

☐ Save this password in your password list

**Enter User Name and
Password.**

This is case-sensitive.

My Health eVet Change Password - Microsoft Internet Explorer provided by Portland VA Medical Center

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Address https://www.health-evet.va.gov/secure/sys_PasswordChange.asp?Ne Go Links Welcome to Arch Wireless - The Two-way Wireless Data Specialists Customize Links

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Password Maintenance

(You are changing password)

This is your first logon and you have to change your password.

The New Password field must be 8 characters or more and must include at least one digit (0-9) and at least one of the following: uppercase letter, lowercase letter, or special character. Please enter your old password and password below:

User Name: PORSAMPLRC

Password

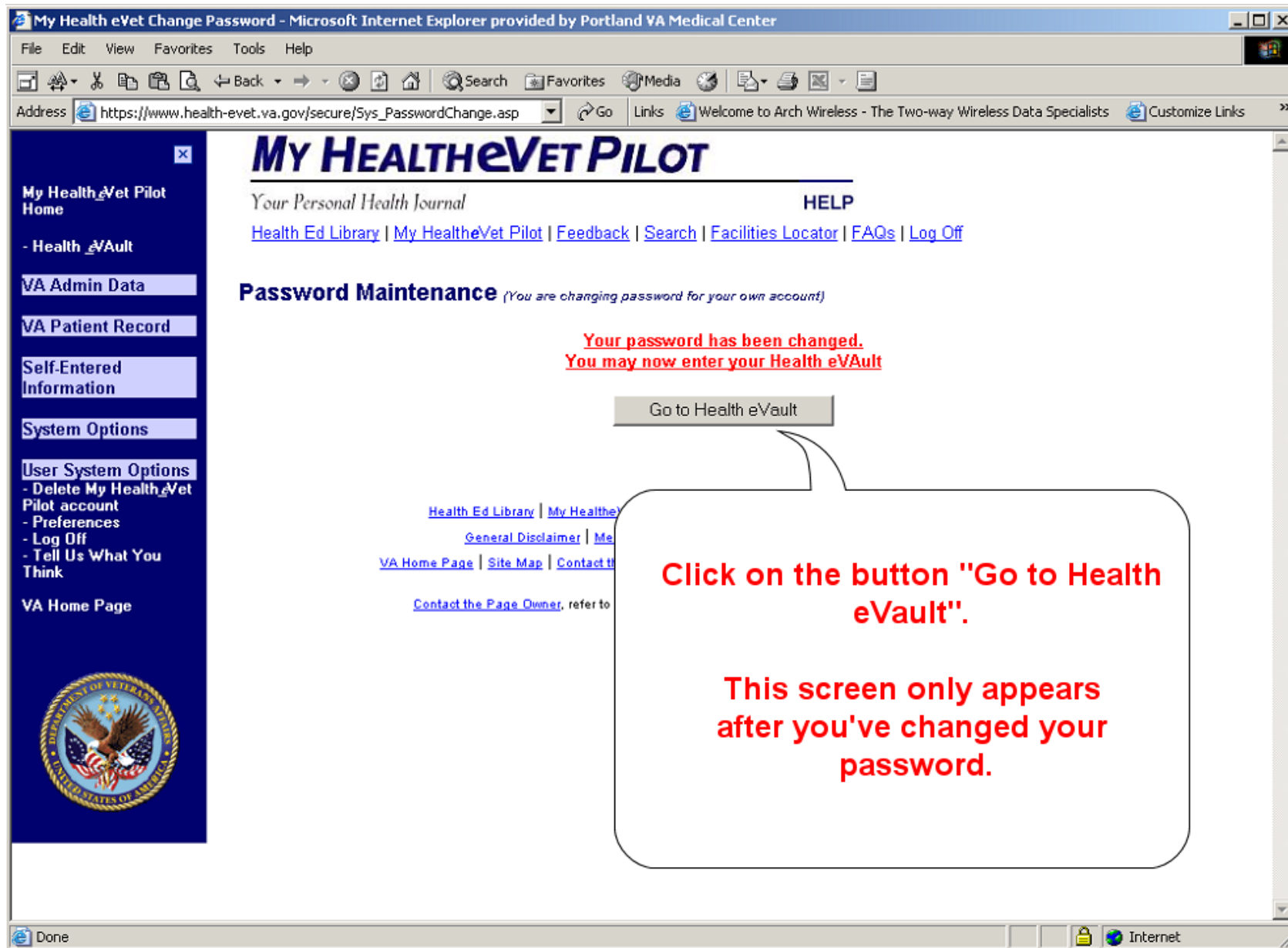
New Password

Confirm New Password

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[General Disclaimer](#) | [Medical Disclaimer & Agreement](#) | [Privacy & Security Statement](#)
[VA Home Page](#) | [Site Map](#) | [Contact the VA](#) | [Current Benefits](#) | [Accessibility Notice](#) | [Freedom of Information Act](#)
[Contact the Page Owner](#), refer to the [User Guide](#), or call the help desk at 1-800-555-7691 for assistance.

Done Internet

This screen only appears on your first sign in, or if you had a new temporary password assigned. You will need to enter your new temporary password in the password field.



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Address https://www.health-evet.va.gov/secure/sec_default.asp Go Links Welcome to Arch Wireless - The Two-way Wireless Data Specialists Customize Links

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My HealthVet Use Agreement

I agree that I have read, understand and accept the disclaimers as listed below.

[General Disclaimer](#)

[Medical Disclaimer](#)

[Privacy & Security Statement](#)

**This screen will appear each time
(after you enter your username and
password.)**

**You MUST click "I Agree" before
you can continue.**

General Disclaimer

Disclaimers

References

The app

sites, or th

exercise any editorial control over the information you may find at these locations. All links are provided with the intent of meeting the mission of the Department and the VA web site. Please let us know about existing external links which you believe are

name, trademark, manufacturer, or otherwise,
ing by the United States Government. The
ose of the United States Government, and shall

Department of Veterans Affairs of the linked web
authorized VA activities, the Department does not

Done Internet

My HealthVet - Health eVault Summary Sheet - Microsoft Internet Explorer provided by Portland VA Medical Center

File Edit View Favorites Tools Help

Address https://www.health-evet.va.gov/secure/va_summary.asp Go Links Welcome to Arch Wireless - The Two-way Wireless Data Specialists Customize Links

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My Coversheet Summary (personal health journal of ROGER C SAMPLE)

The MHV Team has enhanced the process of displaying your appointments. In order to take advantage of this enhancement, please request an update of your appointment data through the [VA Update Request](#) page. As a result, your current appointment data will be refreshed.

Visit the [VA Update Request](#) page to update your eVault with the most recent data.

Recent Appointments	Wellness Reminders	Active Prescriptions
No Appointments entries found.	No Active Reminders entries found.	No Active Prescriptions entries found.

Recent Admissions	Recent Out-Patients
No Admissions entries found.	No Out-Patients entries found.

This is the main page of your eVault account, called "My Coversheet Summary".

To download a copy of your medical record, click on, "VA Update Request".

You will have to do this after visits to the medical center to keep your online record updated. It takes about 24 hours for this to update.

[Contact the Page Owner](#), refer to the [User Guide](#), or call the help desk at 1-800-555-7691 for assistance.

https://www.health-evet.va.gov/secure/va_update.asp Internet

Left Sidebar:

- My HealthVet Pilot
 - Home
 - My Coversheet
- VA Admin Data
 - Demographics
 - Appointments
 - Wellness Reminders
 - Copay
- VA Patient Record
 - Admissions
 - Allergies
 - Prescriptions
 - Problem List
 - Progress Notes
 - Discharge Summaries
 - Vitals
 - Lab Chemistry
 - Lab Pathology
 - Lab Cytology
 - Lab Microbiology
 - Lab Microscopy
 - Radiology
 - ECG Reports
- Self-Entered Information
 - Personal Info
 - Medical Events
 - Medications
 - Allergies
 - Test Results
 - Locations of Treatment
 - My HealthLog
- System Options
 - VA Update Request
 - VA Update History
 - Account VA Update Request
 - Account Activity

My Health eVet - Health eVault VA Update Request Page - Microsoft Internet Explorer provided by Portland VA Medical Center

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Address https://www.health-evet.va.gov/secure/va_update.asp Go Links Welcome to Arch Wireless - The Two-way Wireless Data Specialists Customize Links

VA Admin Data

- Demographics
- Appointments
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- Copay

VA Patient Record

- Admissions
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- Lab Microscopy
- Radiology
- ECG Reports

Self-Entered Information

- Personal Info
- Medical Events
- Medications
- Allergies
- Test Results
- Locations of Treatment
- My Health Log

System Options

- VA Update Request
- VA Update History
- Account Access
- Account Activity
- Delete all VA originated data

User System Options

- Delete My Health eVet Pilot account
- Preferences

VA Update Request (personal health journal of ROGER C SAMPLE)

Many test results will not be available until 3 - 5 days after the procedure has been completed. These times will vary with the types of tests and procedures. More information about the length of time or what the results mean can be obtained from your clinical care team.

Request a complete update to your VA Patient Record from all facilities that you are registered with.

Request all subject areas...

Request an update for a specific portion of your record and/or specific facility.

Choose which facilities you would like to send requests to. To choose more than one facility hold down the control key and click on your selection with your mouse.

PORTLAND VAMC

Choose which subject areas you would like to be updated. To choose more than one subject area hold down the control key and click on your selections with your mouse.

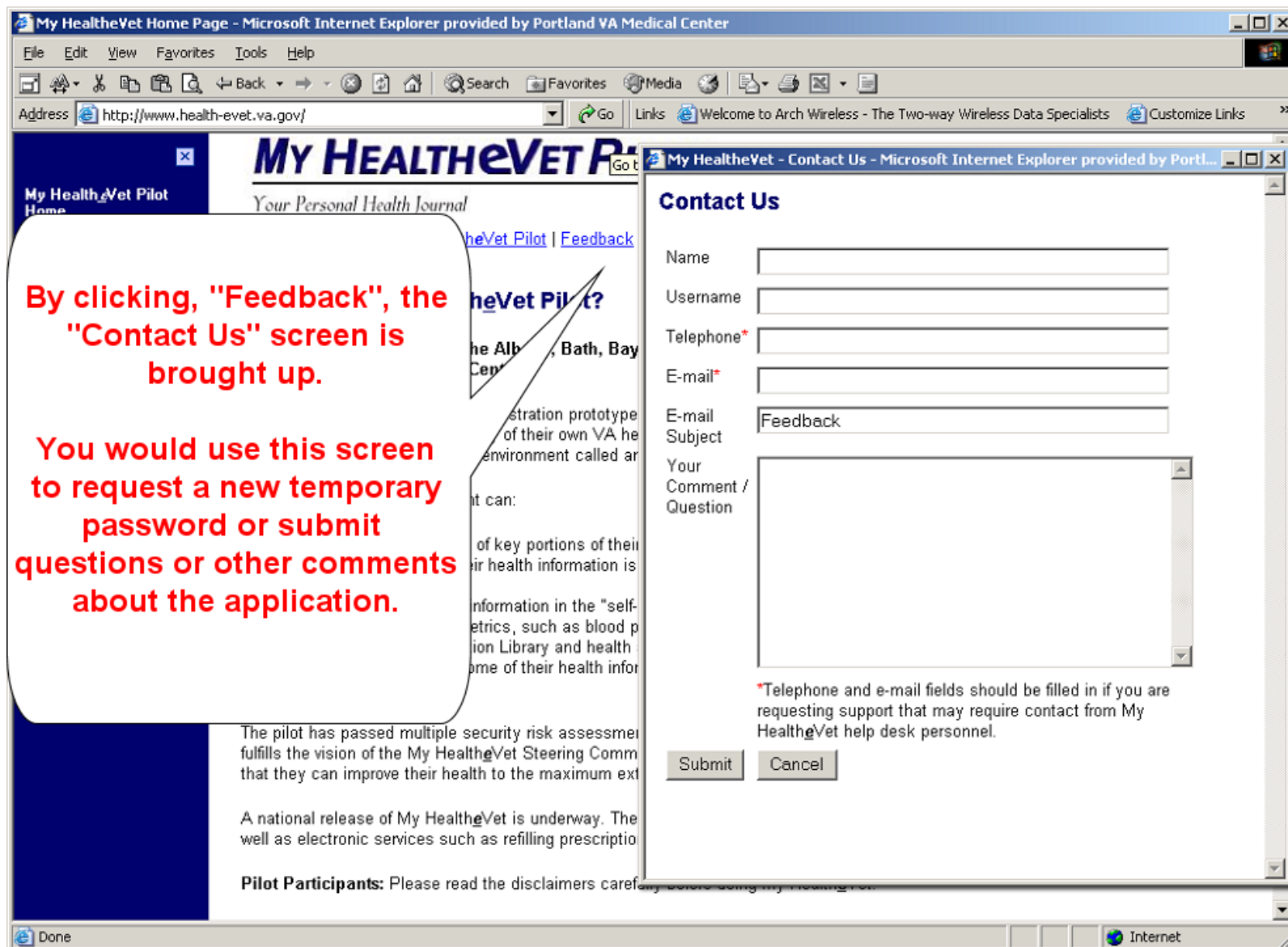
Appointments
Prescriptions
Problem List
Lab Pathology

Submit detailed update request...

Please click, "Request all subject areas..."

This button is the one that actually submits the request to update your online record.

Done Internet



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In order to exit the application you would click the "Log Off" link here.

Please do log off the application each time you are done using it to protect your Medical Record data.

VA Admin Data

- Demographics
- Appointments
- Wellness Reminders
- Copay

VA Patient Record

- Admissions
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Recent Admissions

Date	Location	Admission
08/04/2004 at 14:00:00	MH11 PCT SENHAUSER BLD104-P2	
06/29/2004 at 13:30:00	OPTOMETRY CONSULTATION-VANC	

Active Problems

Problem Description	Status
HEADACHE	Active
MYOPIA	Active
FIT CONTACT LENS/GLASSES	Active
GEN PSYCHIATRIC EXAM	Active

Verified Allergies

No Verified Allergy entries found.

Active Prescriptions

Medication	Refills	Expiration Date
BUPROPION HCL 100MG TAB	2	07/10/2005
HYDROXYZINE HCL 10MG TAB	1	01/31/2005

Pilot Health e-Vet Resources

- **Health eVet Pilot website:**

www.health-evet.va.gov

- **E-Mail address if Pilot website is down:**

vhaiswhevet@med.va.gov

- **Portland's website with general info & on-line copy of User Guide:**

www.va.gov/portland/myhealthvet